



TREATMENT CONSENT FORM



The CoolSculpting® procedure may use a non-invasive vacuum applicator to draw in tissue or a non-invasive surface applicator to deliver controlled cooling at the surface of the skin. The procedure is for spot reduction of fat. It is not a weight-loss solution and it does not replace traditional methods such as liposuction. Someone who is overweight can expect to see less visible improvement than someone who has smaller fat deposits. Clinical studies have shown that the CoolSculpting procedure will naturally remove fat cells but, as with most procedures, visible results will vary from person to person. Initial: _____

What you can expect:

- » The suction pressure of a vacuum applicator may cause sensations of deep pulling, tugging and pinching. A surface applicator may cause sensations of pressure. You may experience intense stinging, tingling, aching or cramping as the treatment begins. These sensations generally subside as the area becomes numb. Initial: K
- » The treated area may look or feel stiff after the procedure and transient blanching (temporary whitening of the skin) may occur. You may feel a sense of nausea or dizziness as your body naturally warms and sensation returns to your treatment area. These are all normal reactions that typically resolve within minutes. Initial: _____
- » Bruising, swelling, and tenderness can occur in the treated area and it may appear red for a few hours after the applicator is removed. Initial: _____
- » You may feel a dulling of sensation in the treated area that can last for several weeks after your procedure. Other changes – including deep itching, tingling, numbness, tenderness to the touch, pain in the treated area, strong cramping, muscle spasms, aching and/or soreness – also have been reported after a CoolSculpting procedure. Initial: _____
- » Patient experiences will differ. Some patients may experience a delayed onset of the previously mentioned occurrences. Contact us immediately if any unusual side effects occur or if symptoms worsen over time. Initial: _____
- » You may start to see changes as early as three weeks after your CoolSculpting procedure, and you will experience the most dramatic results after one to three months. Your body will continue naturally to process the injured fat cells from your body for approximately four months after your procedure. Initial: _____
- » You may decide that additional treatments are needed to reach your desired outcome. Initial: _____
- » In rare cases, patients have experienced vasovagal symptoms during the treatment, and reported freeze burn, darker skin color, hardness, discrete nodules or enlargement of the treatment area. Surgical intervention may be required to correct the enlargement. Treatment may cause new hernia formation or exacerbate pre-existing hernia, which may require surgical repair. I understand that these and other unknown side effects may also occur. Initial: _____



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Do you have any of the following? :

- » Cryoglobulinemia or paroxysmal cold hemoglobinuria Yes / No
- » Known sensitivity to cold such as cold urticaria or Raynaud's disease Yes / No
- » Impaired peripheral circulation in the area to be treated Yes / No
- » Neuropathic disorders such as post-herpetic neuralgia or diabetic neuropathy Yes / No
- » Impaired skin sensation Yes / No
- » Open or infected wounds Yes / No
- » Bleeding disorders or concomitant use of blood thinners Yes / No
- » Recent surgery or scar tissue in the area to be treated Yes / No
- » A hernia or history of hernia in the area to be treated or adjacent to treatment site Yes / No
- » Skin conditions such as eczema, dermatitis, or rashes Yes / No
- » Pregnancy or lactation Yes / No
- » Any active implanted devices such as pacemakers and defibrillators Yes / No

Pictures will be obtained for medical records. If pictures are used for education and marketing purposes, all identifying marks will be cropped or removed. Initial: _____

As with most medical procedures, there are risks and side effects. These have been explained to me in detail. I have read the above information, and I give my consent to be treated with the CoolSculpting® procedure by Dr. Gregory A. Greco and his designated staff.

Print Name: _____ Signature: _____ Date: _____

Witness: _____ Date: _____



PATIENT PHOTOGRAPHY RELEASE FORM

Patient Name: _____

I, _____, authorize Monmouth Plastic Surgery, Dr. Gregory A. Greco and staff representatives, to take photographs of my body for medical purposes to be used for my patient care, marketing, literature and/or case presentations.

I understand that:

- » Photographs are taken to capture treatment outcomes for the CoolSculpting® procedure.
- » They may be used for print, visual or electronic media including but not limited to, scientific presentations, websites and for purposes of informing the medical profession or general public about the procedure. These uses may also include marketing on behalf of Monmouth Plastic Surgery.
- » The images taken of me may be published by Monmouth Plastic Surgery and its agents.
- » I will not be identified by name in any of the published materials.
- » My face will not be shown in the photographs nor will they reveal my identity.
- » I have the right to revoke this authorization in writing at any time through a written revocation to Monmouth Plastic Surgery.

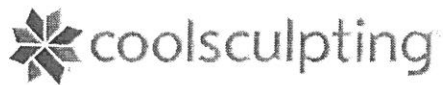
I hereby release Monmouth Plastic Surgery, Dr. Gregory Greco and its agents from any and all claims and demands arising out of, or in conjunction with, the use of the photographs.

I certify that I have read this release carefully and fully understand its terms. If I have any questions I can contact Monmouth Plastic Surgery 732-842-3737.

If under 18, guardian or parent must sign.

Print Name: _____ Signature: _____ Date: _____

Witness: _____ Date: _____



PATIENT TAKE-HOME GUIDELINES



What to expect after the CoolSculpting procedure:

- » Typically, there is minimal discomfort and recovery time after the CoolSculpting procedure. Most patients are able to return to their daily routine immediately after the procedure
- » The treated area may be red for up to a few hours after the applicator is removed.
- » Many patients have minimal discomfort following the procedure, however you may experience one or more of the following sensations: deep itching, tingling, numbness, tenderness to the touch, pain in the treated area, strong cramping, nausea, bloating, diarrhea, muscle spasms, aching and/or soreness. Consult your doctor if these conditions persist beyond two weeks or worsen over time.
- » Following the procedure, a gradual reduction in the thickness of the fat layer will take place. You may start to see changes as early as three weeks after the CoolSculpting procedure and you will experience the most dramatic results after one to three months. Your body will continue naturally to process the injured fat cells from your body for approximately four months after your procedure.
- » In rare cases, patients have reported darker skin color, hardness, discrete nodules, freeze burn, enlargement of the treated area, hernia or worsening of existing hernia following the CoolSculpting procedure. Surgical intervention may be required to correct the enlargement or hernia.

Next steps:

- » Weight gain will prevent you from appreciating your full results. Maintaining a healthy diet and exercise routine after your procedure can help prevent this.
- » Schedule a follow-up medical assessment to review your clinical results and discuss the option of additional treatments to achieve desired fat reduction.

Please call us at (732) 842-3737 if your symptoms appear to worsen or last longer than two weeks.

